



Sunday March 29, 2026

OPTION A

9:00 a.m.-12:00 p.m.

### **Huangdi Neizhen: A Classical One-Needle Approach to Holistic Regulation**

**Speaker:** Dr. Yan Qu, Dr.TCM

Huangdi Neizhen is rooted in the holistic medical philosophy of the Huangdi Neijing, with Six-Channel (Liu Jing) Pattern Differentiation serving as its core clinical framework. Emphasizing internal regulation for external disorders and minimalist needling, this approach translates classical six-channel theory into a clear, reproducible clinical methodology.

This three-hour workshop focuses on six-channel differentiation, channel dynamics, and distal point selection through classical interpretation and clinical cases.

By the end of the workshop, participants will be able to:

- Understand Six-Channel Pattern Differentiation in Huangdi Neizhen
- Apply six-channel logic to point selection
- Improve clinical efficiency while maintaining classical integrity

#### **Course Outline:**

Part 1 – Classical Foundations & Six-Channel Theory

Part 2 – Clinical Logic & Point Selection

Part 3 – Case Discussion

Part 4 – Integration & Q&A

**Bio:**



Dr. Yan Qu is a licensed Doctor of Traditional Chinese Medicine (TCM) and holds a Master's degree in Traditional Chinese Medicine. She previously studied under the renowned TCM scholar Professor Liu Li-Hong, receiving formal training in Shang Han Lun, the Fuyang School, and Huangdi Neizhen.

Dr. Qu is currently an instructor in the Acupuncture and TCM program at Kwantlen Polytechnic University in Canada. She is dedicated to integrating classical TCM theory with modern clinical practice, with a strong emphasis on the application of Huangdi Neizhen in both clinical treatment and daily health maintenance.