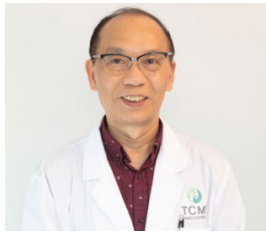


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时间：12月7日上午10到12点

题目：脉诊在针灸临床应用的体会

讲员：杨光芳博士

简介：

杨光芳(Dr. John Yang)博士是加拿大卑诗省注册高级中医师。毕业于海南医学院五年制本科医学专业（后改名海南医科大学），并留校获助理教授职位。曾在海南省中医院接受进一步的中医培训。先后在加拿大 Capilano University 和 Simon Fraser University 进修学习，最后在广州中医药大学获得博士学位。

移居加拿大 30 多年以来，从事中医临床，教学和中医药推广工作。前任卑诗省中医针灸师学会会长，还兼任学术/教育委员会主席，卑诗省中医和针灸师管理局（CTCMA）董事会董事，PCU 中医学院院长（私立）。2014 年在加拿大昆特仑理工大学(Kwantlen Polytechnic University KPU)筹建卑诗省第一间公立大学中医针灸系，并任系主任兼教授至今。现还任加拿大中医高校联盟会主席，加拿大联邦政府国际标准委员会中医顾问成员。陕西中医藥大學客座教授，世界針灸学会联合会教育工作委員會理事。

杨教授现是温哥华中医診所國仁堂的堂主。专長把脉，处方中药和针灸療法。主治內科，妇科及伤科的疑难杂症。

语言：中英文

内容：本講座通过中醫经典的复习，不难發現古先贤強調的是脉诊，凭脉论治。依「难经」而论，脉有太过不及，太过泻之，不及补之。遵循此原則，乃是凭脉论治，一脉相承，以达大道至简的境界。講座以脉象为准星，结合自己在针灸臨床上實踐經驗，与大家共同探討經典中医在这方面的應用的体会。

Date & Time: December 7, 2024 from 10 to 12 am

Topic: Clinical Application of Acupuncture Assisted with Pulse Diagnosis

Speaker: Dr. John Yang

Dr. John Yang Brief Bio:

Dr. John Yang is a Registered Doctor of Traditional Chinese Medicine in BC. He is the current President of the Federation of Traditional Chinese Medicine Colleges of Canada (ftcmcc.org) and the former President at the Association of Traditional Chinese Medicine and Acupuncture of British Columbia (ATCMA, formally the QATCMA).

Dr. Yang has over 30 years of experience using acupuncture & herbs to treat patients with chronic pain, emotional disorders, hormonal imbalances, infertility, gynecological issues, and more. His approach to care includes taking time to understand the patient's medical background history and current needs.

Dr. Yang is a TCM educator. From 2003 - 2014, he was the Dean and Clinic Director at the PCU College of Holistic Medicine. Presently, Dr. Yang is the Chair of Traditional Chinese Medicine programs at Kwantlen Polytechnic University. (kpu.ca/health/acupuncture/faculty/john-yang) As an expert in the field, Dr. Yang has given many national and international presentations and lectures on TCM. Dr. Yang is a Visiting Professor at the Shaanxi University of Chinese Medicine, China.

Dr. Yang graduated from Hainan University Medical School in Haikou, China, received his TCM training at Hainan Provincial Hospital of TCM, and earned his PhD from Guangzhou University of Chinese Medicine.

Language: bilingual (Mandarin and English)

Contents: The presentation begins with reviewing the TCM Classics. It is not hard to notice that ancient time the acupuncturists were using pulse information to guide them for selecting acupoints. The lecture will be focused on what do we need to become a superior acupuncture practitioner. Why do we need to take pulse before inserting a needle? How to take the pulse properly and how to access the effective of the treatments. Sample of case study will be included in the presentation. Participants will be available to add this technique learnt from the seminar and enrich or improve their clinical practice.