Qi Conference Courses and Schedule

**Note that changes are possible to the schedule/sequence.*

Friday, March 27, 2026

5:00-5:30 p.m.

Arrival, Sign-In and check out our sponsor booths for great information! Make sure to get your sponsor passport signed for a chance to win a fantastic prize!

5:30-6:30 p.m.

ICBC: Your Questions Answered

Speaker: Perry Strauss, Chief Enhanced Care Officer ICBC

To help us shape the presentation, we invite you to complete a **short survey** to share the topics you'd like ICBC to cover and the questions you'd like answered during their talk. Your feedback will ensure the session addresses real-world practice concerns and supports TCM practitioners across British Columbia.

Please take a few minutes to complete the survey here:
Take the Survey (available until Feb. 12)

6:30-7:30 p.m.

Learn About TCM Practice Insurance

Speaker: Selina Zhang, BFL

This course will focus on information TCM practitioners need to know about the different types of insurance relevant to practice, particularly in light of changes coming via the Health Professions and Occupations Act (HPOA). It's not just about finding the cheapest available option. Understanding your risks means you'll be better equipped to choose

appropriate coverage, protect your practice, and make informed decisions as your professional responsibilities evolve.

Key learning objectives:

- Insurance coverages available to the practitioners and the definition for each coverage.
- Individual Policy vs. Clinic Policy through BFL's ATCMA Program
- HPOA new regulation changes and their impact on insurance
- What coverages or extensions are most important for the practitioners especially with the HPOA new regulations coming in place
    - Including reminding the existing BFL clients of completing coverage changes on our portal by Apr. 1, 2026
- Claims examples (case study) and best practice for the practitioners to avoid insurance claims
- Q&A

Bio:

Selina Zhang has over 15 years' experience in the Insurance Brokerage industry. As a client executive at BFL, Selina provides tailored insurance solutions to her business clients focusing on coverages such as Property, General Liability, Professional Liability, Directors & Officers Liability, Cyber insurance, Cargo Legal Liability, Pollution Liability, and Product Recall. The clients she serves cover a broad spectrum of industries including but not limited to manufacturing, life science, real estate, wholesale and retail distribution, technology, logistics, hospitality, general contractor, etc. Selina is also one of the few in the company that manages Program insurance such as ATCMA program to provide tailored insurance to a group of professionals in meeting their industry specific insurance requirements while safeguarding their assets in business development.

Selina holds a Master of Business Administration (MBA) degree from the University of British Columbia and Canadian Accredited Insurance Broker (CAIB) Designation as a licensed insurance broker since 2011. Language skills include English & Mandarin.

7:30-8:30 p.m.

The Courage to Value Your Medicine: How Mindset, Communication, and Clarity Create a Thriving TCM Practice

Speaker: Dr. Lorne Brown, Dr. TCM, FABORM, CPA, Clinical Hypnotherapist

Many acupuncturists graduate with strong clinical skills yet struggle to build practices that are sustainable, fulfilling, and resilient—not because their medicine isn't effective, but because they were never taught how to clearly value, structure, and communicate that medicine in practice.

In this presentation, Dr. Lorne Brown explores why capable practitioners often experience inconsistent patient follow-through, financial strain, or burnout, and what actually shifts those patterns. Drawing from Traditional Chinese Medicine philosophy, mindset work, and decades of real-world clinical and business experience, this talk bridges the gap between clinical excellence and success with integrity.

Participants will learn how mindset, communication, and clarity—particularly around treatment planning and frequency—directly influence patient outcomes, retention, and practitioner sustainability. This is not a marketing lecture, but a practical and reflective exploration of clinical leadership, responsibility, and the courage required to fully value one's medicine.

By the end of this workshop, participants will be able to:

- Recognize how mindset and unconscious beliefs influence patient attraction, follow-through, and practice sustainability
- Communicate treatment plans and frequency recommendations with confidence as a clinical responsibility
- Understand why financial objections often reflect unclear value rather than lack of resources
- Apply simple frameworks that support better patient outcomes and long-term practitioner resilience
- Reframe prosperity as an extension of integrity, clarity, and service rather than a conflict with them

Key Topics Covered

- Why many acupuncturists struggle despite effective medicine
- Mindset, self-value, and their impact on clinical outcomes
- Communication as a clinical skill, not a sales tactic
- Treatment planning and frequency as ethical leadership
- Perceived value, patient follow-through, and sustainability
- The role of clarity in preventing burnout and improving care

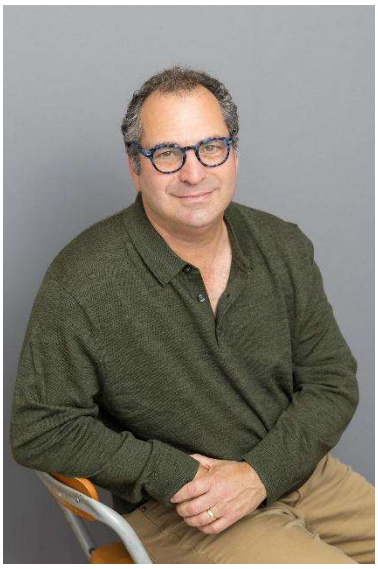
Teaching Approach

- Conversational and experience-based
- Grounded in real clinical examples and case scenarios
- Emphasis on practical, immediately applicable frameworks
- Focus on simplicity, clarity, and take-home insights
- This presentation is designed to meet practitioners where they are—new graduates and seasoned clinicians alike—while offering practical tools and perspective shifts that can be implemented immediately in practice.

Why Learning This Material Is Important

Many acupuncturists are clinically well trained but structurally unsupported in practice. Without clarity in mindset, communication, and treatment planning, even effective medicine can lead to inconsistent outcomes, patient drop-off, practitioner burnout, and financial strain. Learning this material supports the long-term health of the profession by equipping practitioners with clear frameworks for communication, treatment planning, and value—improving patient follow-through and outcomes while fostering ethical, resilient, and sustainable practices that allow practitioners to remain present, effective, and in service over the long term.

Bio:



Lorne Brown, B.Sc., CPA, Dr. TCM, FABORM, CHt, CLT, is the Clinical Director of Acubalance Wellness Centre and the Founder of Healthy Seminars, a leading platform for online continuing education in acupuncture and integrative medicine. After earning a Bachelor of Science in Mathematics, Lorne began his career as a Chartered Professional Accountant (CPA) before pursuing his Doctor of Traditional Chinese Medicine in Vancouver. He is the author of *Missing the Point: Why Acupuncturists Fail and What They Need to Know to Succeed* and the host of the *Coherence Code Podcast*. Lorne's work bridges clinical practice, mindset, and sustainable practice design, helping practitioners thrive with clarity and integrity.

Continued below

Saturday, March 28, 2026

8:30-9:00 a.m.

Arrival/Sign-In and check out our sponsor booths for great information! Make sure to get your sponsor passport signed for a chance to win a fantastic prize!

9:00-10:00 a.m.

Opening Ceremony

Speakers to be announced later to open the ceremony. Note that we'll also be doing prize draws, so don't miss out!

10:00 a.m.-11:50 a.m. OPTION A

Ethics, Consent & Trauma-Informed Care for Chinese Medicine Practitioners

Speakers: Michael Hall, B.A., R.Ac. and Ala Wroblewska, R.Ac.

This course will help you meet your ethic course requirement!

This 2-hour training offers an embodied, practical exploration of ethical touch and consent within clinical acupuncture and Chinese Medicine settings. Using the Wheel of Consent model developed by Dr. Betty Martin, participants will learn how to clarify roles, boundaries, and agreements in therapeutic relationships. We'll integrate trauma-informed care principles, consent practices, and the nuances of power dynamics that shape practitioner–patient interactions.

By the end of the workshop, participants will be able to:

- Understand the foundations of trauma-informed practice as they relate to touch, power dynamics, and patient agency
- Clearly differentiate between informed consent, ongoing consent, and embodied consent in a clinical context
- Apply key concepts from the Wheel of Consent model—Receiving, Taking, Allowing, Serving—to their therapeutic role
- Communicate intentions with clarity
- Identify common consent challenges specific to acupuncture (draping, palpation, needle insertion, sensitive areas, unexpected changes in treatment)
- Implement practical scripts, boundaries, and practices to support patient experiences

Why This Learning Is Important for TCM Professionals

Acupuncture and Chinese Medicine are hands-on, relational practices that require clear communication, trust, and ongoing consent. This training helps practitioners navigate the ethical and practical realities of touch, power dynamics, and patient autonomy in clinical settings. By integrating trauma-informed care and the Wheel of Consent framework, practitioners gain practical tools to communicate intentions clearly, recognize consent challenges, and respond appropriately to nervous system and emotional responses. These skills support ethical practice, meet regulatory expectations, and foster safer, more respectful, and effective patient–practitioner relationships.

Bios:

Michael brings more than thirty years of study and practice in Traditional Chinese Medicine, Acupuncture, Massage Therapy, Yoga Therapy, and Addictions, all of which inform his grounded and relational approach to clinical care. He studied acupuncture in San Francisco and Victoria and has been licensed to practice in British Columbia since 2004.
Since 2007 Michael has managed and practiced in a busy community acupuncture clinic in Victoria, BC. He is currently on the teaching staff at the Pacific Rim College and has also served as faculty member at the Canadian College of Acupuncture. Michael has presented on the Wheel of Consent and its application within Chinese Medicine contexts, teaching this material to students and colleagues as part of their clinical and professional development.

Ala has been practicing acupuncture since 2015. Inspired by a transformative personal experience, she shifted her path from business studies to pursue Chinese Medicine. Her experience in somatic word led her to the Wheel of Consent, a framework that has become useful in her clinical practice as well as her everyday relating.
This work has been deeply influential in supporting mind–body connection, strengthening access to one's voice, and clarifying personal autonomy—particularly around understanding the "who it's for" within an interaction.

Michael and Ala have worked directly with Dr. Betty Martin, creator of the Wheel of Consent, and integrate this framework into acupuncture practice as a way to clarify roles, boundaries, and agreements within hands-on Chinese Medicine treatments.

10:00 a.m.-11:50 a.m. OPTION B

Classic Acupuncture: Pulses Guided Acupuncture (Level1 Class)

Speaker: Shang Wang, R.TCM.P.

Pulse-guided acupuncture is a fundamental classical acupuncture technique that originated from the *Yellow Emperor's Inner Classic* and the *Classic of Difficult Issues (Nan Jing)*. The pulse can directly reflect the state of the body's qi and blood, and it informs us about disorders of the meridians and internal organs. Using the pulse as a guide can lead us directly and precisely to areas of energetic obstruction or deficiency, thereby achieving greater therapeutic effect with fewer needles.

Due to time limitations, this is a Level 1 class. However, the material covered in this lecture can be readily applied in clinical practice and will address most common clinical situations. We will study the underlying theories and practice hands-on techniques, including pulse-taking, diagnosis, secondary palpation of pulses and points, and needling methods such as long-needle techniques for the abdomen.

By the end of the workshop, participants will be able to:

- Describe the classical foundations of pulse-guided acupuncture as presented in the *Huang Di Nei Jing* and *Nan Jing*.
- Explain how pulse qualities reflect the state of qi, blood, meridians, and internal organs.
- Perform basic pulse-taking and pulse diagnosis to identify energetic obstruction or deficiency.
- Apply introductory pulse-guided needling strategies, including long-needle techniques for the abdomen, in common clinical situations.
- Use pulse feedback to assess treatment effectiveness and refine needling with fewer, more precise points.

Why it matters

- Pulse taking is an essential diagnosis method in TCM
- Directly reveals the disease mechanism (病机)
- It is convenient and easy to use.
- Usually less points are needed, which is also a relief to patients.
- Help us to understand human anatomy and physiology

Workshop Structure

Part I – Pulse guided acupuncture introduction (1 hr)

- The importance of using our minds (神专入静)
- Pulse taking review
    i. 5-organ pulse (五脏脉)
    ii. 6 pulse positions and “find the wrong position” (六部脉和“独处藏奸”)
- Pulse guided further palpation and point choosing theory

Part II – Hands-on Practice (2 hrs)

- Pulse taking and secondary palpations
- Basic needling and abdomen long needling

Bio:

Shang Wang graduated from the Chinese University of Hong Kong majoring in Chinese Medicine. She currently maintains clinical practice in Vancouver and holds a faculty position at Tzu Chi International College of Traditional Chinese Medicine. At the same time, she serves as the Classics Consultant in the Academic Department of the Young American Association of Acupuncturists (YAAA). She previously had internship at the Affiliated Hospitals of Guangzhou University of Chinese Medicine, and in 2025 undertook advanced training in the Oncology Department of Jiangsu University Affiliated Hospital.

Clinically, Shang Wang specializes in both common and refractory conditions, with a focus on tumor rehabilitation, neurological disorders, immune-related diseases, and a wide range of chronic internal conditions.

As for her teaching, classes are structured around the systematic study of classical texts, supplemented by case analyses and practical training, with the aim of cultivating in students’ academic rigor and independent clinical judgment.

12:00 p.m.-12:50 p.m.

Lunch n’ Learn

Speaker: Andrew Munaweera, Cyto-Matrix

What a great mix! Cyto-Matrix is **generously sponsoring lunch for in-person attendees**. If you’re attending online, you’ll still want to attend, so have your lunch ready. While you enjoy your meal, Andrew Munaweera will share practical insights into Cyto-Matrix supplements, including how they’re formulated and ways they can be thoughtfully and effectively integrated into your clinical practice. This session offers an opportunity to learn,

ask questions, and explore tools that may support your patients and complement your treatment approach.

*Note that for the lunch, vegetarian, vegan, gluten-free, and nut-free options will be made available, but if you have serious allergies, you may want to bring your own lunch to avoid the risk of cross-contamination.

Our chosen speaker, Andrew Munaweera, will be discussing several key areas. The first focus will be tissue health and recovery, including a review of Inflammatrix, Complete Collagen, and Mag Matrix 4, and how these products support inflammation management and connective tissue repair.

He will also cover stress and adaptation, highlighting AdaptoMatrix and Magnesium Threonate, with an emphasis on supporting the nervous system and improving resilience to both physical and mental stress.

Lastly, Andrew will address energy and performance, discussing the role of Creatine Powder and Muscle Matrix in supporting strength, endurance, and overall athletic performance.

Bio:

Andrew Munaweera is an account manager for CytoMatrix where he conducts medical education to doctors, pharmacists and allied health professionals. Andrew's focuses research-based education on nutraceutical compounds.

He was a past Founding Board Member of the Boucher Institute of Naturopathic Medicine (now The Canadian College of Naturopathic Medicine).

1:00-3:30 p.m. OPTION A

The Clinical Application of Five Movements and Six Qi: A Classical TCM Framework with Practical Clinical Application

Speaker: Dr. Wilson Wu, Dr.TCM

Five Movements and Six Qi (Wu Yun Liu Qi) is a classical cosmological system from the book of Changes and Huangdi Neijing. Traditional physicians used it to understand the relationship of seasonal Qi and patient's constitution, diagnose patterns, and guide

treatment. This workshop reintroduces that traditional mindset while providing practical tools that practitioners can apply immediately in modern clinical practice.

This workshop will help restore classical yin–yang and five-element thinking and offer you practical, next-day tools for point selection and herbal planning

By the end of the workshop, participants will be able to:

- Calculate Yun-Qi patterns from birth data
- Identify Sitian, Zaiquan, Host Qi, Guest Qi, and Middle Motion
- Apply Wu Yun Liu Qi to acupuncture and herbal strategies
- Use seasonal and annual qi to guide treatment timing

Why It Matters

- A foundational skill for traditional TCM physicians
- Restores classical yin–yang and five-element thinking
- Offers practical, next-day tools for point selection and herbal planning

Workshop Structure

- Part I – Classical Foundations (45 min)
- Part II – Calculation Method (45 min)
- Part III – Applying Wu Yun Liu Qi in Acupuncture & Herbal Medicine (60 min)

Guiding Acupuncture with Wu Yun Liu Qi

- Adjust treatment according to patient's constitution based on their 5 motions and 6 Qi
- Use Three Yin–Three Yang as "open–pivot–close" strategies
- Align point selection with seasonal qi changes

Guiding Herbal Medicine

- Match herbal categories with yearly qi trends
- Support seasonal vulnerabilities
- Strengthen constitutional tendencies based on Yun-Qi

Practical Take-Home Tools

Participants receive ready-to-use charts and templates for immediate clinical application.

Unique Value

This workshop is deeply rooted in classical theory yet highly practical. Practitioners gain both traditional understanding and tools they can apply the very next day.

Bio:

Dr. Wilson Wu

Dr. Ying Sheng (Wilson) Wu is a senior registered TCM Doctor in BC and the founding president of the Canadian Chin Woo Athletic Association. He has been teaching at Kwantlen Polytechnic University (KPU), offering courses such as Oriental Philosophy and Health, History and Classics of Chinese Medicine, and Chinese Herbal Medicine & Formulas.

For nearly twenty years, Dr. Wu has run the Daoist TCM & Wellness Clinic in Vancouver, where he integrates:
- Five Motions and Six Qi diagnosis
- Daoist Inner Alchemy methods
- Silk-String Guqin Five-Tone Therapy
- Acupuncture and Herbal Medicine

Through this integrative approach, Dr. Wu has successfully treated a wide range of complex and refractory conditions, earning widespread recognition from patients and the community.

1:00-3:30 p.m. OPTION B

Integrative Oncology Acupuncture

Speakers: Dr. Victoria Choi, BHlthSc (TCM), PhD and Erin Moran, DAOM RAc

Course Overview:

With rise of cancer incidence, the World Health Organisation estimates over 35 million new cancers are predicted in 2050, a 77% increase from 20 million cases in 2022. As a result, an increasing number of patients are undergoing complex oncology treatments that often result in significant and persistent side effects. While pharmacological management plays an important role, many patients and healthcare teams are seeking effective non-pharmacological options to minimise symptom burden and reduce polypharmacy. Acupuncture has an expanding evidence base supporting its use as supportive care in oncology and is increasingly being integrated into outpatient clinics and hospital-based services.

Despite this growth, there remains a shortage of acupuncturists and TCM practitioners with the oncology-specific knowledge and confidence required to work safely with this population. This workshop is designed to help bridge that gap. It will introduce key oncology concepts, common treatments and terminology, clinical red flags, and the role of acupuncture in managing cancer and treatment-related side effects.

Grounded in current research and enriched by extensive clinical experience from both private practice and hospital-based integrative oncology settings, this workshop aims to equip practitioners with the confidence to deliver evidence-informed, supportive oncology care.

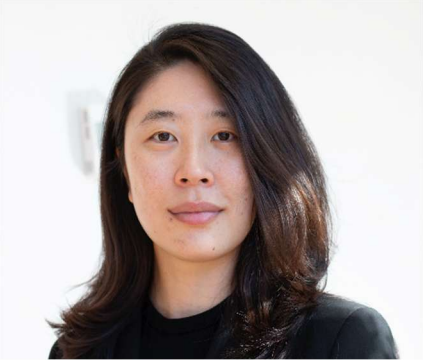
Learning objectives:

- Describe the fundamental principles of oncology treatments.
- Use and interpret common oncology-related terminology relevant to patient care.
- Identify clinical red flags in patients undergoing cancer treatment that warrant escalation or referral.
- Explain the scope of practice and day-to-day responsibilities of an oncology acupuncturist.
- Recognise common cancer and treatment-related side effects for which acupuncture may be used as supportive care.
- Identify important publications demonstrating acupuncture's effectiveness in the treatment of specific side effects.

Key topics covered:

- Lecture style overview of
- Epidemiology
- Brief history of cancer from classic texts
- Modern causes of cancer
- Pathogenesis of cancer
- TCM ethology and treatment approaches
- Zheng Qi and latent pathogenic factors
- Conventional cancer therapies
- Needling the cancer patient and safety concerns
- Contraindications and red flags
- Treating: chemotherapy-induced nausea/vomiting, neutropenia, pain, lymphedema, peripheral neuropathy, fatigue, xerostomia
- Clinical case studies of patients' treatment journey
- Current published guidelines available

Bios:



Dr. Victoria Choi is a senior acupuncturist and research fellow at Chris O'Brien Lifehouse, a leading specialist cancer hospital in Sydney, Australia. She is also a clinical lecturer at the University of Sydney and the chief examiner with the Australian Health Practitioner Regulation Agency.

Dr. Choi graduated in 2012 from University of Technology Sydney with a Bachelor of Health Science in Traditional Chinese Medicine. She went on to complete her international internship rotation at Dong Eui University in Busan, South Korea where she gained clinical experience in an integrative model of care. She also completed a lab-based research internship at Seoul National University. Dr. Choi has been in clinical practice since 2013, specializing in medical acupuncture in supportive care and integrative oncology, using acupuncture to help manage symptoms and side effects of cancer treatments such as chemotherapy and radiation.

Dr. Choi was awarded a Ph.D. in Science in 2019 at University of Technology Sydney where her thesis examined the origins of acupuncture in Chinese Medicine and investigated how the ancient health paradigm informs current practices. Her current research focuses on the mechanistic effects of acupuncture in oncology and health services research. She is the Principal Investigator for the ongoing study pilot randomized sham-controlled trial of electroacupuncture for taxane-induced peripheral neuropathy in breast cancer patients during treatment, for which she was awarded a competitive cancer research grant.

Erin Moran has been a practitioner of Chinese Medicine since 2001. She completed her training in Seattle, Washington, and has practiced in both Bermuda and Canada.

Erin is currently based in Steveston, British Columbia.

In 2010, Erin earned her Doctor of Acupuncture and Oriental Medicine degree with a specialty in Integrative Oncology. She has worked in cancer centres throughout the greater Seattle area and completed an internship at MSTI in Boise, Idaho. Her clinical experience also includes rotations in Chengdu and Shanghai, China, where she trained within integrative oncology wards that combined chemotherapy and radiation with Chinese herbal medicine—an experience that demonstrated integrative medicine at its finest.

Erin contributed to acupuncture study design through the CAMEO program at the BC Cancer Agency. Today, her private practice at the Steveston Health Collective is dedicated

almost exclusively to cancer care. She supports patients through all stages of treatment, including pre-surgical and post-surgical care, systemic therapies, and survivorship. Erin is an active member of the Society of Integrative Oncology's acupuncture special interest group and serves as a peer reviewer for the journal Medical Acupuncture.

In addition to her oncology-focused work, Erin is a qualified Five-Element acupuncturist and a certified instructor of Dragon and Tiger Qigong.

3:30-4:00 Check out our sponsor booths for great information! Make sure to get your sponsor passport signed for a chance to win a fantastic prize!

4:00-6:00 p.m. OPTION A

Bridging TCM Nutrition and Western Concepts (Without Diluting TCM)

Speaker: Dr. Melissa Carr, B.Sc., Dr.TCM

Patients increasingly arrive in clinic with questions shaped by Western nutrition narratives—protein, fat, or carbohydrate intake, inflammation, sugar avoidance, caffeine use, and popular dietary trends. TCM practitioners are often expected to respond fluently and confidently, while remaining grounded in traditional theory and clinical reasoning.

This course supports TCM professionals in bridging Western nutrition concepts with Traditional Chinese Medicine dietary therapy, without abandoning or oversimplifying TCM principles. Participants will learn how to translate common Western nutrition concerns into TCM pattern differentiation, respond using clear and appropriate language, and provide patient education that is both clinically meaningful and within professional scope.

By the end of the workshop, participants will be able to:

- Respond to common patient questions about Western nutrition topics using TCM theory
- Explain dietary recommendations in a way that aligns with both patient expectations and TCM principles
- Offer practical, pattern-based nutrition guidance
- Communicate dietary advice in language appropriate for patient education

Bio:

Dr. Melissa Carr is a registered Dr. of Traditional Chinese Medicine, in practice since 2001. She has a degree in kinesiology and worked in medical research in Japan prior to her Traditional Chinese Medicine studies in both Canada and China. As a result, she loves to blend Eastern and Western natural health knowledge and therapies.

As a passionate educator, Dr. Carr has been a teaching assistant for anatomy, a nutrition instructor, and has served on the Editorial Advisory Board for Alive magazine and Integrative Practitioner. She continues educating the public about natural health matters. She has lectured for the David Suzuki Foundation and the University of British Columbia, and her work has been featured in Alive magazine, Integrative Practitioner, European Journal of Pharmacology, and the Oprah Winfrey Network show Buy.O.Logic.

Dr. Carr was written a book she wished she had had as a student, and in January 2025, Singing Dragon published and released this book, "Modern Chinese Medicine Food Cures: A Personalized Approach to Nutrition.

4:00-6:00 OPTION B

Holistic Model of Pain Treatment

Speaker: Dr. Jasmine Kim, ND

This presentation examines how research and lived experience inform a holistic understanding of pain and its management. It traces the evolution from the traditional biomedical model—where pain was seen primarily as a sign of tissue injury—to the contemporary biopsychosocial model, which recognizes the complex interplay between the nervous system, psychological factors, and social context.

Chronic pain is reframed not as a marker of ongoing damage, but as a condition shaped by central sensitization, neuroplasticity, and the patient's lived experience. Key themes include the impact of trauma, fear, and social invalidation on pain perception, alongside the broader societal context of inequities in access to care and medical underrepresentation of various demographics.

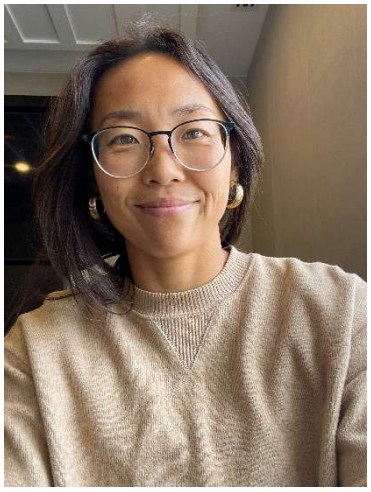
Therapeutic strategies discussed include mindfulness-based approaches, vagus nerve stimulation, Pain Reprocessing Therapy, and lifestyle interventions targeting sleep, nutrition, and exercise.

By the end of the workshop, participants will be able to:

- Learning to provide trauma-informed care which can help patients reframe pain and reduce catastrophizing
- Strategies for leveraging our body's own inherent capacity for mind-body connection--i.e. through movement and meditation
- Guidance on evidence-informed use of select supplements

Relevance to TCM practitioners:
This presentation bridges modern pain science with TCM principles, emphasizing how holistic, integrative approaches—including acupuncture, herbal medicine, and mind-body practices—can complement biopsychosocial strategies. Understanding pain as a multi-dimensional experience supports TCM clinicians in tailoring individualized treatment plans and enhancing patient engagement and empowerment.

Bio



Dr. Jasmine Kim is a naturopathic doctor (ND) with a private practice, an educator, and a speaker working at the intersection of movement, pain science, and integrative health. She teaches at the Boucher Institute of Naturopathic Medicine and maintains a clinical practice focused on addressing the foundations of health, injury management, and complex pain presentations. Grounded in evidence-based medicine and informed by lived experience as an athlete, Dr. Jaz is known for translating complex science into practical, human-centered frameworks. Her work emphasizes resilience, injury preparedness, and compassionate, individualized care, integrating biopsychosocial factors to support long-term health.

Continued below

Sunday, March 28, 2026

8:30-9:00 a.m.

Arrival/Sign-In and check out our sponsor booths for great information! Make sure to get your sponsor passport signed for a chance to win a fantastic prize!

NOTE that today's lecture options include didactic lectures under OPTION A or a limited number of spaces (24 participants in person only, no online) under OPTION B

****First come, first served for OPTION B, so email info@actma.org if you would like this option***

9:00 a.m.-11:30 a.m. OPTION A

Huangdi Neizhen: A Classical One-Needle Approach to Holistic Regulation

Speaker: Dr. Yan Qu, Dr.TCM

Huangdi Neizhen is rooted in the holistic medical philosophy of the Huangdi Neijing, with Six-Channel (Liu Jing) Pattern Differentiation serving as its core clinical framework. Emphasizing internal regulation for external disorders and minimalist needling, this approach translates classical six-channel theory into a clear, reproducible clinical methodology.

This three-hour workshop focuses on six-channel differentiation, channel dynamics, and distal point selection through classical interpretation and clinical cases.

By the end of the workshop, participants will be able to:

- Understand Six-Channel Pattern Differentiation in Huangdi Neizhen
- Apply six-channel logic to point selection
- Improve clinical efficiency while maintaining classical integrity

Course Outline:

Part 1 – Classical Foundations & Six-Channel Theory

Part 2 – Clinical Logic & Point Selection

Part 3 – Case Discussion

Part 4 – Integration & Q&A

Bio:

Dr. Yan Qu is a licensed Doctor of Traditional Chinese Medicine (TCM) and holds a Master's degree in Traditional Chinese Medicine. She previously studied under the renowned TCM scholar Professor Liu Li-Hong, receiving formal training in Shang Han Lun, the Fuyang School, and Huangdi Neizhen.

Dr. Qu is currently an instructor in the Acupuncture and TCM program at Kwantlen Polytechnic University in Canada. She is dedicated to integrating classical TCM theory with modern clinical practice, with a strong emphasis on the application of Huangdi Neizhen in both clinical treatment and daily health maintenance.

11:30-12:00 Check out our sponsor booths for great information! Make sure to get your sponsor passport signed for a chance to win a fantastic prize!

12:00-1:00 p.m.

Lunch!

We're still working on finding a sponsor to do a lunch n' learn. You'll either get a chance to mingle and network, or we may still get you a free lunch and chance to learn more.

1:00-2:0 p.m. OPTION A

Clinical Application of Tung's Acupuncture Points in the Treatment of Eczema

Speaker: Dr. Ching Sui (Sherry) Liu, Dr.TCM

This workshop introduces practitioners to the clinical application of Tung's acupuncture points in the treatment of eczema, including atopic dermatitis and related inflammatory skin conditions. Emphasis will be placed on effective point selection, needling depth and technique, and clinical decision-making.

Participants will gain practical, clinically applicable methods for treating both acute flare-ups and chronic presentations of eczema, utilizing highly effective Tung's points to achieve optimal therapeutic outcomes.

By the end of this workshop, participants will be able to:

- Identify key Tung's acupuncture points specifically indicated for dermatological conditions
- Apply Tung's acupuncture points to reduce itching, inflammation, erythema, oozing, and chronic skin thickening
- Demonstrate appropriate needling depth, angle, and technique for selected Tung's points
- Develop effective treatment protocols for both acute and chronic eczema cases

Workshop Format

1. Lecture Presentation
2. Clinical Case Studies
3. Point Location Demonstration
4. Hands-on Practice
5. Q&A Session

Expected Outcomes

Participants will leave the workshop with:

- Enhanced confidence and clinical competence in the application of Tung's acupuncture points for dermatological conditions
- Ability to implement practical, immediately applicable acupuncture treatment approaches for eczema in clinical practice

Bio:

Dr. Sherry graduated from National Yang Ming Medical University in Taiwan and currently practices as a Doctor of Traditional Chinese Medicine in Canada.

She specializes in Tung's acupuncture, scalp acupuncture, auricular acupuncture, cosmetic acupuncture and manipulation therapy techniques.

In her clinical practice, Dr. Sherry utilizes a variety of therapeutic approaches to achieve effective clinical outcomes.

3:00-5:00 p.m. OPTION A

Understanding Infertility Through the Lingnan Luo-Style Gynecology Framework: The Kidney–Tian Gui–Chong Ren–Uterus Axis and Clinical Approaches

Speaker: Dr. Henry Hung, PhD (TCM Gynecology), Dr. TCM

This seminar provides a comprehensive introduction to infertility from the perspective of Lingnan Luo-Style Gynecology. Dr. Henry Hung will present the theoretical foundation developed by Professor Luo Yuankai—the Kidney–Tian Gui–Chong Ren–Uterus axis—and demonstrate how this framework explains the mechanisms of infertility. The seminar also covers modern biomedical classifications of infertility and integrates them with Luo-style pattern differentiation and treatment strategies.

By the end of this workshop, participants will be able to:

- Explain the TCM understanding of infertility within the Lingnan Luo-Style Gynecology tradition.
- Describe the Kidney–Tian Gui–Chong Ren–Uterus axis and its clinical relevance.
- Recognize modern classifications of infertility and integrate them with TCM diagnostics.
- Apply Luo-style clinical approaches—including pattern differentiation, formulas, and modifications—to infertility cases.

Detailed Seminar Outline

1. Introduction to Lingnan Luo-Style Gynecology (20–30 min)

- Historical background and academic lineage
- Key characteristics of the Lingnan gynecology tradition
- The role of Luo-style gynecology in modern reproductive medicine

2. Professor Luo Yuankai's Theory: Kidney–Tian Gui–Chong Ren–Uterus Axis (40–60 min)

- Kidney as the foundation of reproductive energy
- Formation, maturation, and decline of Tian Gui
- Physiology and pathology of the Chong and Ren channels
- Functional state of the Uterus (Bao Gong)
- Dynamic relationships leading to infertility

3. Modern Classification of Infertility (20–30 min)

- Ovulatory disorders
- Tubal factors

- Luteal-phase insufficiency
- Endometrial factors
- PCOS, metabolic components
- Unexplained infertility & immunological factors
- Integration with TCM diagnostics

4. Luo-Style Clinical Experience in Treating Infertility (60–80 min)

- Common TCM Patterns in Luo Tradition
- Treatment Principles and Formulas
- Formula Modifications

5. Case Studies & Clinical Pearls (Optional, 20–30 min)

- Real infertility case analysis
- Formula selection logic
- Clinical pitfalls & insights

Teaching Methods

- Lecture
- Case discussions
- Handouts with formula charts
- Q&A session

Expected Outcomes

Participants will gain:

- A deeper understanding of TCM reproductive medicine
- Structured infertility diagnostic and treatment methods
- Practical formulas and modifications
- Integration of TCM with biomedical infertility categories

Bio:

Dr. Henry Hung graduated with a Bachelor degree of Chinese Medicine and a Master degree of Chinese Medicine in Chinese University of Hong Kong in 2010 and 2013 respectively. In 2020, he completed a PhD degree of TCM Gynecology in Guangzhou University of Chinese Medicine, under the supervision of Professor Luo SongPing, a representative academic successor of Professor Luo Yuankai, also the head of Lingnan Luo Family Gynecology School, and a leading expert in TCM gynecology and obstetrics in Southern China who expertise in treating infertility.

Hung was registered and actively practiced as a TCM practitioner in Hong Kong since 2010. He also served as a supervising consultant of Health Plus Magazine and an instructor of Hong Kong Employees Retraining Board. In 2017, he founded Vitalcare Chinese Medical Clinic in Hong Kong, later renamed as VTCare TCM Clinic and relocated to Vancouver in 2024, primarily providing holistic TCM treatments to patients with infertility, threatened abortion and other gynecological disorders. He is now registered as Doctor of TCM under CCHPBC and also serves as a TCM instructor of Kwantlen Polytechnic University.

9:00-5:00 (two 10-minute breaks plus 11:30-1:00 p.m. for sponsor booth visits and lunch) OPTION B

**Limited to 24 participants, as this is a hands-on course. In person only. To ensure your space, email info@atcma.org to register for this course. First come, first served.*

Commonly Used Points in Sports Medicine Acupuncture

Speaker: Ian Dunsmuir, R.Ac.

This is a hands-on full day workshop that introduces practitioners to key elements of Matt Callison's Sports Medicine Acupuncture approach. The course focuses on common patterns seen in musculoskeletal and sports-related injuries, particularly how muscle dysfunction and imbalance contribute to pain and limited movement.

Participants will learn how to locate, palpate, and needle motor points, and how to use basic manual muscle testing to assess muscle function before and after treatment. Hands-on practice allows practitioners to experience how motor point acupuncture can quickly change muscle performance.

The workshop also covers empirically developed special points. These points are clinically effective for specific conditions and can influence tissues far from the needling site. Practical examples and clinical applications will be discussed for sports, orthopedic, and work-related injuries.

By the end of the course, participants will have improved their assessment skills, expanded their needling techniques, and increased their effectiveness in treating musculoskeletal conditions using Sports Medicine Acupuncture.

By the end of this workshop, participants will be able to:

- Recognize common muscle dysfunction patterns in musculoskeletal injuries
- Locate and needle commonly used motor points safely and effectively
- Perform basic manual muscle tests to assess and reassess muscle function
- Observe functional changes following motor point acupuncture

- Understand the clinical use of empirical “special points”
- Apply motor points and special points to sports, orthopedic, and work-related injuries
- Integrate Sports Medicine Acupuncture techniques into everyday clinical practice

Why This Material Is Important

Musculoskeletal pain and injury are among the most common reasons patients seek acupuncture treatment, yet many presentations are driven by underlying muscle dysfunction that can be difficult to assess and treat using point-location alone. Sports Medicine Acupuncture offers a clear, clinically effective framework for understanding how muscle imbalance, inhibition, and overactivation contribute to pain, restricted movement, and delayed recovery.

This material equips practitioners with practical assessment and treatment tools that allow them to see and feel functional change in real time. Learning to identify dysfunctional muscles, needle motor points accurately, and reassess muscle performance enhances clinical confidence, improves treatment outcomes, and supports more targeted, efficient care. The inclusion of empirically developed special points further expands practitioners’ ability to influence complex injury patterns, including those involving referred pain or distal tissue involvement.

For practitioners working with sports, orthopedic, and work-related injuries, this approach bridges anatomical knowledge with hands-on clinical application, making treatments more precise, measurable, and responsive to patient needs.

Teaching Approach

This full-day workshop is highly experiential and clinically focused, with a strong emphasis on hands-on learning. Concepts are introduced through brief lectures and demonstrations, followed by guided practice to ensure participants can immediately apply the material.

Participants will work in pairs or small groups to practice palpation, motor point location, needling techniques, and manual muscle testing, with instructor supervision and feedback throughout the day. Muscle testing is used before and after treatment to help practitioners directly observe functional changes and deepen their understanding of treatment effects.

The learning environment is supportive, interactive, and skills-based, allowing practitioners to build confidence, refine technique, and leave with tools they can use immediately in clinic.

Bio:

Ian Dunsmuir is a Registered Acupuncturist, kinesiologist and certified as a Sports Medicine Acupuncturist.

Ian works on the Sports Medicine Team at Simon Fraser University, where he provides sports medicine acupuncture treatments to student athletes. Additionally, Ian volunteers for the BC Lions (CFL) medical support team and provides treatments for players. A highlight of his career was being named Vancouver Olympic Organizing Committee Manager of Acupuncture Services for the 2010 Olympic and Paralympic Winter Games. He loves to share his passion for acupuncture and stays current with the changes as the Canadian Instructor for Sports Medicine Acupuncture seminars.