Saturday March 28, 2026

12:00 p.m.-1 p.m.

Lunch n' Learn

Speaker: Andrew Munaweera, Cyto-Matrix

What a great mix! Cyto-Matrix is **generously sponsoring lunch for in-person attendees**. If you're attending online, you'll still want to attend, so have your lunch ready. While you enjoy your meal, Andrew Munaweera will share practical insights into Cyto-Matrix supplements, including how they're formulated and ways they can be thoughtfully and effectively integrated into your clinical practice. This session offers an opportunity to learn, ask questions, and explore tools that may support your patients and complement your treatment approach.

*Note that for the lunch, vegetarian, vegan, gluten-free, and nut-free options will be made available, but if you have serious allergies, you may want to bring your own lunch to avoid the risk of cross-contamination.

Our chosen speaker, Andrew Munaweera, will be discussing several key areas. The first focus will be tissue health and recovery, including a review of Inflammatrix, Complete Collagen, and Mag Matrix 4, and how these products support inflammation management and connective tissue repair.

He will also cover stress and adaptation, highlighting AdaptoMatrix and Magnesium Threonate, with an emphasis on supporting the nervous system and improving resilience to both physical and mental stress.

Lastly, Andrew will address energy and performance, discussing the role of Creatine Powder and Muscle Matrix in supporting strength, endurance, and overall athletic performance.

Bio:

Andrew Munaweera is an account manager for CytoMatrix where he conducts medical education to doctors, pharmacists and allied health professionals. Andrew's focuses research-based education on nutraceutical compounds.

He was a past Founding Board Member of the Boucher Institute of Naturopathic Medicine (now The Canadian College of Naturopathic Medicine).