



Saturday March 28, 2026

1:00-4:00 p.m.

OPTION A

The Clinical Application of Five Movements and Six Qi: A Classical TCM Framework with Practical Clinical Application

Speaker: Dr. Wilson Wu, Dr.TCM

Five Movements and Six Qi (Wu Yun Liu Qi) is a classical cosmological system from the book of Changes and Huangdi Neijing. Traditional physicians used it to understand the relationship of seasonal Qi and patient's constitution, diagnose patterns, and guide treatment. This workshop reintroduces that traditional mindset while providing practical tools that practitioners can apply immediately in modern clinical practice.

This workshop will help restore classical yin–yang and five-element thinking and offer you practical, next-day tools for point selection and herbal planning

By the end of the workshop, participants will be able to:

- Calculate Yun-Qi patterns from birth data
- Identify Sitian, Zaiquan, Host Qi, Guest Qi, and Middle Motion
- Apply Wu Yun Liu Qi to acupuncture and herbal strategies
- Use seasonal and annual qi to guide treatment timing

Why It Matters

- A foundational skill for traditional TCM physicians
- Restores classical yin–yang and five-element thinking
- Offers practical, next-day tools for point selection and herbal planning

Workshop Structure

- Part I – Classical Foundations (45 min)
- Part II – Calculation Method (45 min)

- Part III – Applying Wu Yun Liu Qi in Acupuncture & Herbal Medicine (60 min)

Guiding Acupuncture with Wu Yun Liu Qi

- Adjust treatment according to patient's constitution based on their 5 motions and 6 Qi
- Use Three Yin–Three Yang as “open–pivot–close” strategies
- Align point selection with seasonal qi changes

Guiding Herbal Medicine

- Match herbal categories with yearly qi trends
- Support seasonal vulnerabilities
- Strengthen constitutional tendencies based on Yun-Qi

Practical Take-Home Tools

Participants receive ready-to-use charts and templates for immediate clinical application.

Unique Value

This workshop is deeply rooted in classical theory yet highly practical. Practitioners gain both traditional understanding and tools they can apply the very next day.

Bio:



Dr. Ying Sheng (Wilson) Wu is a senior registered TCM Doctor in BC and the founding president of the Canadian Chin Woo Athletic Association. He has been teaching at Kwantlen Polytechnic University (KPU), offering courses such as Oriental Philosophy and Health, History and Classics of Chinese Medicine, and Chinese Herbal Medicine & Formulas.

For nearly twenty years, Dr. Wu has run the Daoist TCM & Wellness Clinic in Vancouver, where he integrates:

- Five Motions and Six Qi diagnosis
- Daoist Inner Alchemy methods
- Silk-String Guqin Five-Tone Therapy
- Acupuncture and Herbal Medicine

Through this integrative approach, Dr. Wu has successfully treated a wide range of complex and refractory conditions, earning widespread recognition from patients and the community.