



Sunday March 29, 2026

OPTION A

3:00-5:00 p.m.

Understanding Infertility Through the Lingnan Luo-Style Gynecology Framework: The Kidney–Tian Gui–Chong Ren–Uterus Axis and Clinical Approaches

Speaker: Dr. Henry Hung, PhD (TCM Gynecology), Dr. TCM

This seminar provides a comprehensive introduction to infertility from the perspective of Lingnan Luo-Style Gynecology. Dr. Henry Hung will present the theoretical foundation developed by Professor Luo Yuankai—the Kidney–Tian Gui–Chong Ren–Uterus axis—and demonstrate how this framework explains the mechanisms of infertility. The seminar also covers modern biomedical classifications of infertility and integrates them with Luo-style pattern differentiation and treatment strategies.

By the end of this workshop, participants will be able to:

- Explain the TCM understanding of infertility within the Lingnan Luo-Style Gynecology tradition.
- Describe the Kidney–Tian Gui–Chong Ren–Uterus axis and its clinical relevance.
- Recognize modern classifications of infertility and integrate them with TCM diagnostics.
- Apply Luo-style clinical approaches—including pattern differentiation, formulas, and modifications—to infertility cases.

Detailed Seminar Outline

1. Introduction to Lingnan Luo-Style Gynecology (20–30 min)

- Historical background and academic lineage
- Key characteristics of the Lingnan gynecology tradition
- The role of Luo-style gynecology in modern reproductive medicine

2. Professor Luo Yuankai's Theory: Kidney–Tian Gui–Chong Ren–Uterus Axis (40–60 min)

- Kidney as the foundation of reproductive energy
- Formation, maturation, and decline of Tian Gui
- Physiology and pathology of the Chong and Ren channels
- Functional state of the Uterus (Bao Gong)
- Dynamic relationships leading to infertility

3. Modern Classification of Infertility (20–30 min)

- Ovulatory disorders
- Tubal factors
- Luteal-phase insufficiency
- Endometrial factors
- PCOS, metabolic components
- Unexplained infertility & immunological factors
- Integration with TCM diagnostics

4. Luo-Style Clinical Experience in Treating Infertility (60–80 min)

- Common TCM Patterns in Luo Tradition
- Treatment Principles and Formulas
- Formula Modifications

5. Case Studies & Clinical Pearls (Optional, 20–30 min)

- Real infertility case analysis
- Formula selection logic
- Clinical pitfalls & insights

Teaching Methods

- Lecture
- Case discussions
- Handouts with formula charts
- Q&A session

Expected Outcomes

Participants will gain:

- A deeper understanding of TCM reproductive medicine
- Structured infertility diagnostic and treatment methods
- Practical formulas and modifications

- Integration of TCM with biomedical infertility categories

Conclusion

This seminar provides a clinically grounded exploration of infertility based on the Lingnan Luo-Style Gynecology system. Participants gain both theoretical insight and practical tools for treating infertility.

Bio:



Dr. Henry Hung graduated with a Bachelor degree of Chinese Medicine and a Master degree of Chinese Medicine in Chinese University of Hong Kong in 2010 and 2013 respectively. In 2020, he completed a PhD degree of TCM Gynecology in Guangzhou University of Chinese Medicine, under the supervision of Professor Luo SongPing, a representative academic successor of Professor Luo Yuankai, also the head of Lingnan Luo Family Gynecology School, and a leading expert in TCM gynecology and obstetrics in Southern China who expertise in treating infertility.

Hung was registered and actively practiced as a TCM practitioner in Hong Kong since 2010. He also served as a supervising consultant of Health Plus Magazine and an instructor of Hong Kong Employees Retraining Board. In 2017, he founded Vitalcare Chinese Medical Clinic in Hong Kong, later renamed as VTCare TCM Clinic and relocated to Vancouver in 2024, primarily providing holistic TCM treatments to patients with infertility, threatened abortion and other gynecological disorders. He is now registered as Doctor of TCM under CCHPBC and also serves as a TCM instructor of Kwantlen Polytechnic University.